



Soccer Summer Conditioning 2019

Boys Soccer*:

Conditioning every Tuesday and Sunday morning

9 to 11 a.m. at Erie High

Conditioning on Thursday evenings

6 to 8 p.m. at Erie High

****Please consider signing up for summer workouts online through the International Soccer Academy of Erie's website. This will allow for real-time updates of any schedule changes as they occur. Click here to sign up: <http://www.isaerie.com/clubteams/1142212-summer-workouts>***